



المدرسة الهندية العامة العليا - رأس الخيمة  
INDIAN PUBLIC HIGH SCHOOL, RAK



*VISION: To be a pioneer in education, to produce students of noble mind.*

## INVITATION TO THE IPHS COMMUNITY



*Yoga is the journey of the self,  
through the self, to the self...*

*IPHS is celebrating the:  
'Fourth International Day Of Yoga'.*

*Day & Date : Thursday 21<sup>st</sup> June 2018*  
*Venue : School ground.*  
*Reporting Time : 7:50 am – 8:15 am*  
*Timing : 8:15 am to 9:00 am*

*All the Parents, Parent Council Members, Students of Classes IX & X and  
Non – class teachers are invited  
to join the global celebration...*

*Please note: Yoga Exercise should be done on empty or light stomach.  
Comfortable clothes are preferred. Kindly bring your own yoga mat.*

*Annamma Mathew*  
*Dr. Annamma Mathew*  
*Vice Principal*

**4<sup>th</sup> INTERNATIONAL  
DAY OF YOGA  
2018**  
**21<sup>st</sup> June 2018**

